

BOSTON MEDICAL CENTER
DONNING AND DOFFING OF PERSONAL PROTECTION EQUIPMENT CHECKLIST

NAME _____

UNIT _____ DATE 10-10-10

PROCEDURE	MET	UNMET
1. Gather personal protective equipment <ul style="list-style-type: none"> • Paper scrubs • Socks • Crocs • Bouffant Head Cover(optional) • Non sterile Long Nitrile Gloves(1 pair) • Surgical Gloves(1 pair) • Impervious Coverall Suit • Foot Covers • MaxiAir PAPR with hood • Belt for battery pack • Plastic Apron 		
2. Count PPE(10 items)		
3. Remove all jewelry, IDs, pens, pagers, etc.		
4. Change into Paper Scrubs and socks		
5. Step Into Crocs		
6. Wash your hands		
SEQUENCE TO DON PPE		
Apply Long Nitrile gloves		
Apply bonnet head covering(optional)		
Place PAPR belt around waist		
Clip PAPR battery to the belt on the left front side		
Put on Coveralls		
Put on foot covers		
Plug in PAPR helmet cord into PAPR battery		
Put on PAPR helmet and hood on head <ul style="list-style-type: none"> • Turn knob at the back of the unit to ensure helmet fits snugly 		
Zip up Coveralls		
Tie hood ties around neck in loose bow on the front of the hood		
Don Plastic Apron		
Apply Surgical Gloves		
SEQUENCE TO DOFF PPE		
Remove foot covers (while standing in the cleaner hot zone) <ul style="list-style-type: none"> • Bend one knee and pull foot cover off foot • Step onto doffing/chemical pad without touching your foot to the floor • Discard foot cover in the red bag waste • Bend other knee • Using same hand, pull foot cover off of second foot • Step onto doffing/chemical pad without touching foot to the floor • Discard foot cover in red bag waste 		

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Clean gloves with hand sanitizer		
Remove apron <ul style="list-style-type: none"> Grasp apron close to shoulder and pull forward away from the body breaking the ties Remove the plastic apron by rolling it inside out as you progress down the arms to the wrist and PAUSE Make a fist and remove surgical gloves with the apron Discard in red bag waste 		
Clean gloves with hand sanitizer		
Remove Coveralls <ul style="list-style-type: none"> Reach under PAPR hood with 1 hand, open zipper flap on front of coverall and pull down zipper Grasp the coverall at the shoulders Touching only the outside of the suit, shimmy shoulders out of suit and slowly pull suit off arms With feet, step on foot section of coverall and use a marching motion to move the coverall down legs Touching only the inside of the coverall, pick up coverall and discard in red bag waste 		
Clean gloves with hand sanitizer		
Step into Anteroom		
Clean gloves with hand sanitizer		
Remove PAPR <ul style="list-style-type: none"> Untie hood with 1 hand Grasp both sides of hood at temples and unsnap from PAPR helmet Grasp and pinch face shield of the hood; pull forward to release the hood from the helmet pin Grasp top of the hood, rock the hood backwards then pull forward removing the hood in one motion Discard hood in red bag waste 		
Clean gloves with hand sanitizer		
Remove Non sterile long nitrile gloves using beaking method		
Wash hands		
Remove PAPR helmet, belt, and battery <ul style="list-style-type: none"> Hand to PPE/Site Manager 		
Step out of Crops		

Signature of Participant _____ Date: _____

Signature of Trainer _____ Date: _____